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Pointing Out The Dharmakaya: Teachings On The Ninth Karmapa's Text



Synopsis

At the heart of successful Mahamudra practice is the ability to understand the nature of mind. The Ninth Karmapa Wangchuk Dorje (1556–1603) was the acknowledged master of this approach. No more authoritative or useful instructions exist than in his three definitive texts on Mahamudra, of which this easy-to-use manual is the shortest and most practical. *Pointing Out the Dharmakaya* is an indispensable companion to *The Ocean of Definitive Meaning*, the most vast and detailed of the texts. An invaluable guide for Mahamudra practitioners on how to look at the mind, it is clearly laid out so that the instructions are easy to recall and put to use. Brilliant explanations by Khenchen Thrangu Rinpoche make this text vividly relevant for contemporary Western practitioners. For those committed to ascertaining the mind's true nature, checking their experience, and refining and extending their insight, there is no more systematic or comprehensive approach than can be found in this extraordinary set of instructions.

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Customer Reviews

"Khenchen Thrangu Rinpoche is among the wisest and most compassionate Buddhist masters alive today." — Pema Chödrön, author of *When Things Fall Apart* "An invaluable guide for Mahamudra practitioners on how to look at the mind, it is clearly laid out so that the instructions are easy to recall and put to use. For those committed to ascertaining the mind's true nature, checking their experience, and refining and extending their insight, there is certainly no more systematic or comprehensive approach than can be found in this extraordinary set of instructions." — Indian

At the heart of successful Mahamudra practice is the ability to understand the nature of mind. The Ninth Karmapa, Wangchuk Dorje (1556-1603), was the acknowledged master of this approach. No more authoritative or useful instructions exist than in his three definitive texts on Mahamudra, of which this easy-to-use manual is the shortest and most practical. *Pointing Out the Dharmakaya* is an indispensable companion to *The Ocean of Definitive Meaning*, the most vast and detailed of the texts. An invaluable guide for Mahamudra practitioners on how to look at the mind, it is clearly laid out so that the instructions are easy to recall and put to use. Brilliant explanations by Khenchen Thrangu Rinpoche make this text vividly relevant for contemporary Western practitioners. For those committed to ascertaining the mind's true nature, checking their experience, and refining and extending their insight, there is no more systematic or comprehensive approach than can be found in this extraordinary set of instructions.

This is by far one of the best, most practical books on shamatha meditation I have read. It is a practice-oriented book for mature practitioners. Because it is written by a Tibetan teacher, the reader needs to be familiar with the terms used in Tibetan Buddhism. One might say that the material in the book is self-secret. That is, if you have a certain level of experience, you will understand it. If you haven't reached that level yet, it will make little sense. I read part of it a few years ago, and it made very little sense to me. Now it is perfectly clear. If you are serious about resting in the nature of mind, sooner or later, this is the book for you.

Exactly what is the difference, if any, between the 1st and 2nd editions? I have this book and I do not believe that there is a 2nd edition that differs in any way from the edition I have, dated 2003 and 2011.

I will never be the same after reading and studying this text!

This is a very fine book on Mahamudra. Khenchen Thrangu Rinpoche (Karma Lodro Ringluc Marwe Sengge) is obviously a modern master; who better to comment upon Wangchuk Dorje's (1555-1603) book? I have read several of Thrangu Rinpoche's works (e.g. "The 9th Karmapa's Ocean of Definitive Meaning" and "Essentials of Mahamudra") and they are all high quality works. If you want to read a book on Mahamudra, it's hard to beat him in quality, readability, sensitivity, etc. If

someone asked me to recommend a Mahamudra author, it would be him. Interestingly, he has also authored (published in 2004) a commentary on "The Ocean of Definitive Meaning" entitled: "The Ocean of Ultimate Meaning" (which I own, but have not yet read) though he previously published a commentary on it entitled "The Ninth Karmapa's Ocean of Definitive Meaning." The 9th Karmapa, one of the greatest of Mahamudra masters (maybe the greatest) wrote 3 texts. In addition to the two mentioned already, there is also "Eliminating the Darkness of Ignorance" which has been translated by Alex Berzin with commentary by Beru Khyentze Rinpoche and is also presently available.

A very important book for those who are interested in Mahamudra study and practice

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Thanks

this was a book recommended for a class i was taking; it did deliver solid information; good book : comprehensive and inspiring.

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